

## **Randy S. Risher Wellness Center Usage Policy**

- Participation is limited to UAM students, UAM employees, UAM retirees, Emeriti Faculty, and the spouses and/or dependent(s) of UAM employees, retirees, and Emeriti Faculty who have paid the Randy S. Risher Wellness Center Fee. No one under the age of 16 is allowed in the Randy S. Risher Wellness Center. Before entrance, a UAM ID card with a current validation sticker must be presented at the Randy S. Risher Wellness Center Reception Area.
- The Randy S. Risher Wellness Center is an open recreation area. Each participant uses the facilities **at his/her own risk**.
- All participants are encouraged to consult a physician for a health exam prior to beginning an exercise program.
- No equipment reservations will be accepted. Use is on a “first come, first served” basis.
- Food, gum, beverages and tobacco products, are prohibited. Water in sealable containers is allowed.
- Abusive or vulgar language is prohibited.
- Appropriate exercise attire is required. Full length shirts with backs, shorts, aerobic wear, and close-toed athletic shoes are acceptable. Sandals, open-toed shoes, boots, hard soled shoes, and anything that compromises the safety and professionalism of the Randy S. Risher Wellness Center are prohibited.
- UAM is not responsible for lost or stolen articles. Video surveillance is in place as a deterrent.
- Any accident must be reported to a Randy S. Risher Wellness Center staff member.
- Dumbbells must be re-racked after use.
- Conduct should not distract or disrupt the recreational pursuits of other participants. As such, when using televisions or personal music devices, the use of headphones or ear buds is required.

Participants not following policies and procedures may be asked to leave the Randy S. Risher Wellness Center by supervisors or staff. If cooperation is not immediately obtained, University Police will be contacted and the member may be referred for disciplinary action.

### **Randy S. Risher Wellness Center Fee:**

Student – \$2.00/credit hour

UAM Employee or spouse or dependent of UAM employee – \$60.00/calendar year (single payment or payroll deduction)

UAM Retiree or Emeriti Faculty or spouse or dependent of UAM Retiree or Emeriti Faculty – \$60.00/calendar year (single payment)

Receipt of payment should be presented to Randy S. Risher Wellness Center staff along with UAM ID.