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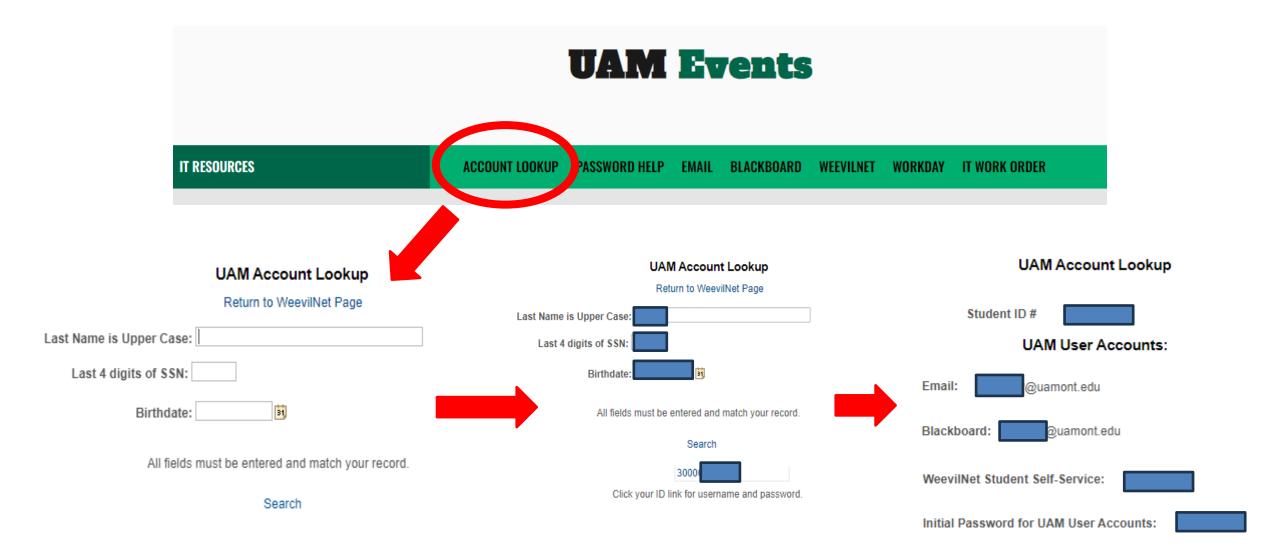
New Student Orientation

University of Arkansas at Monticello

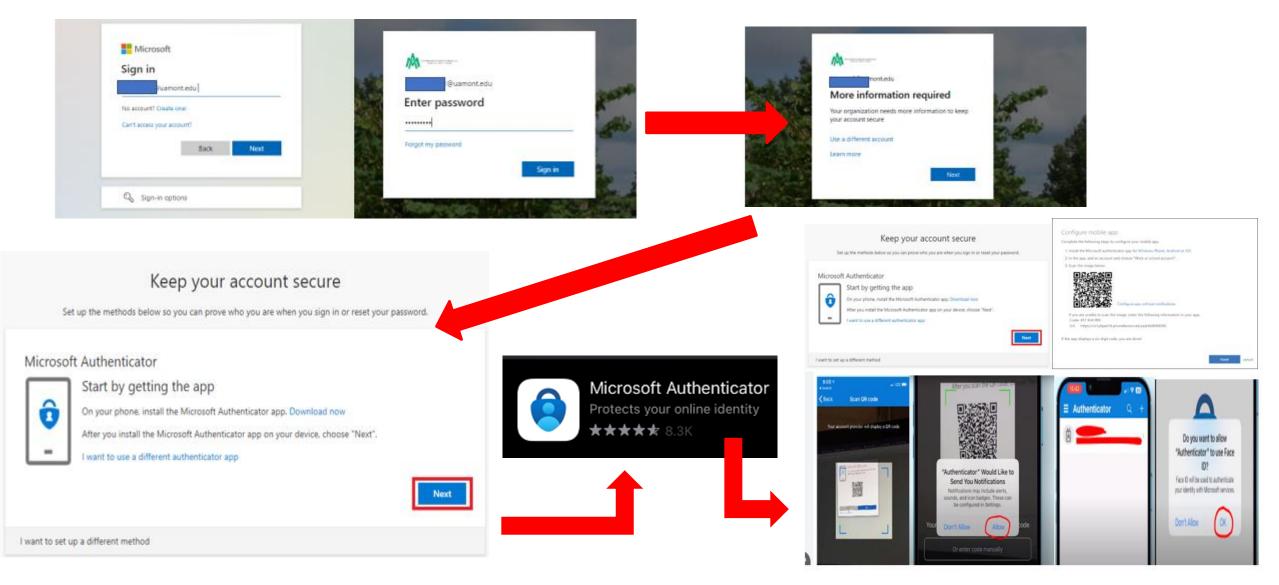
Information Technology



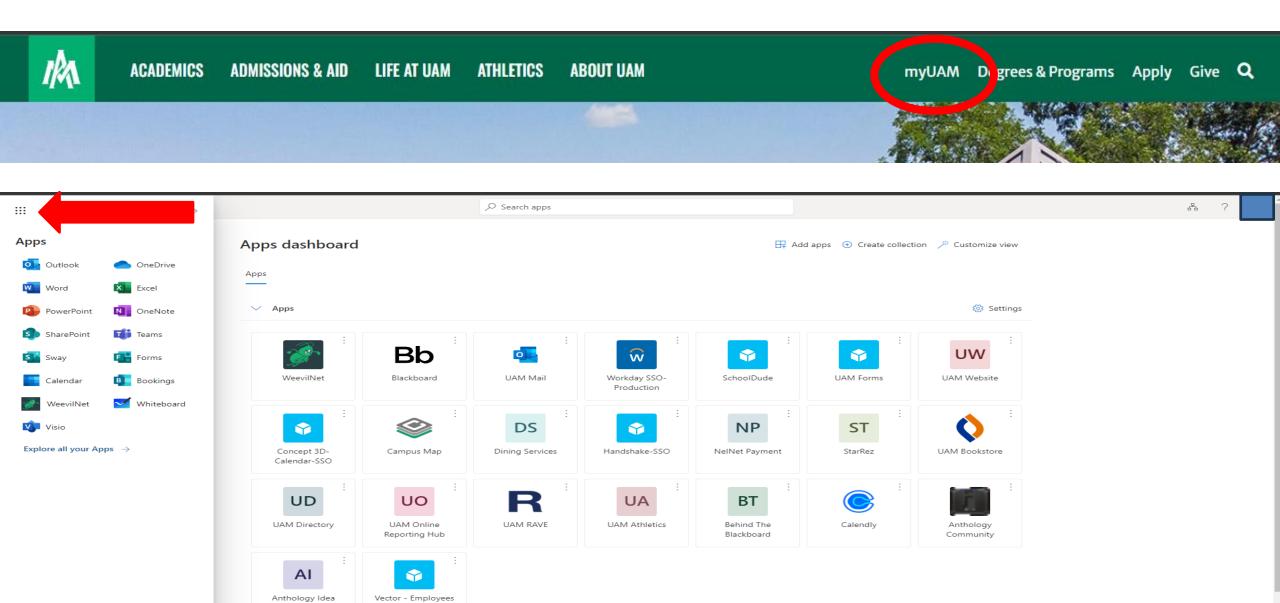
Step 1: Look Up Your UAM Student Account Information



Step 2 : Set Up Your Multifactor Authentication Verification

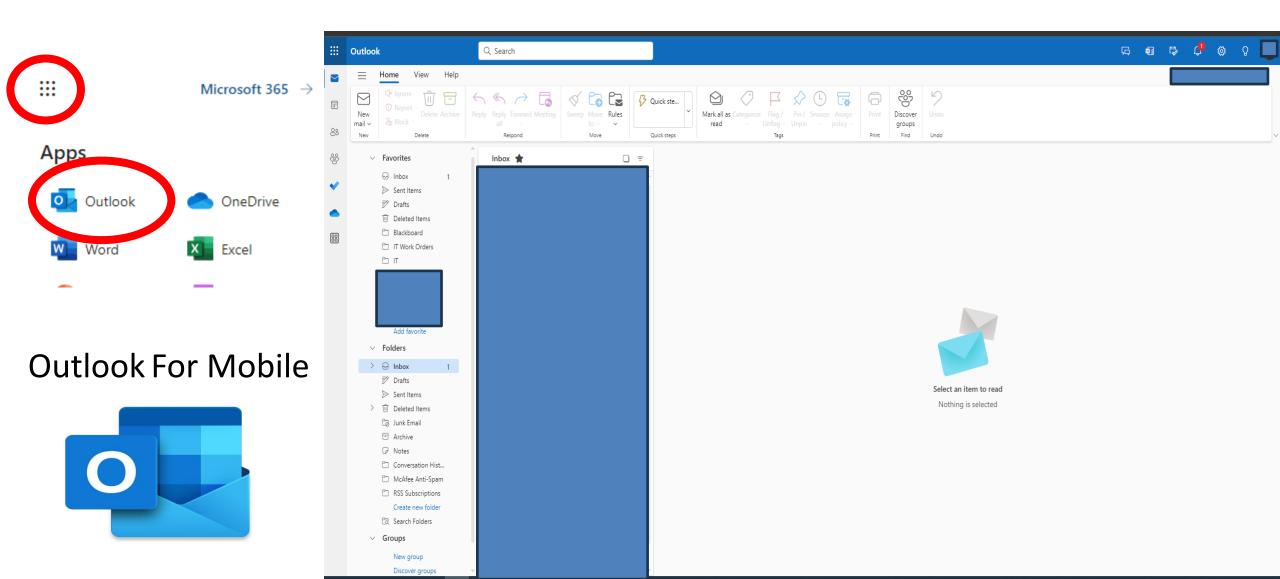


Step 3: Login To Your myUAM Account

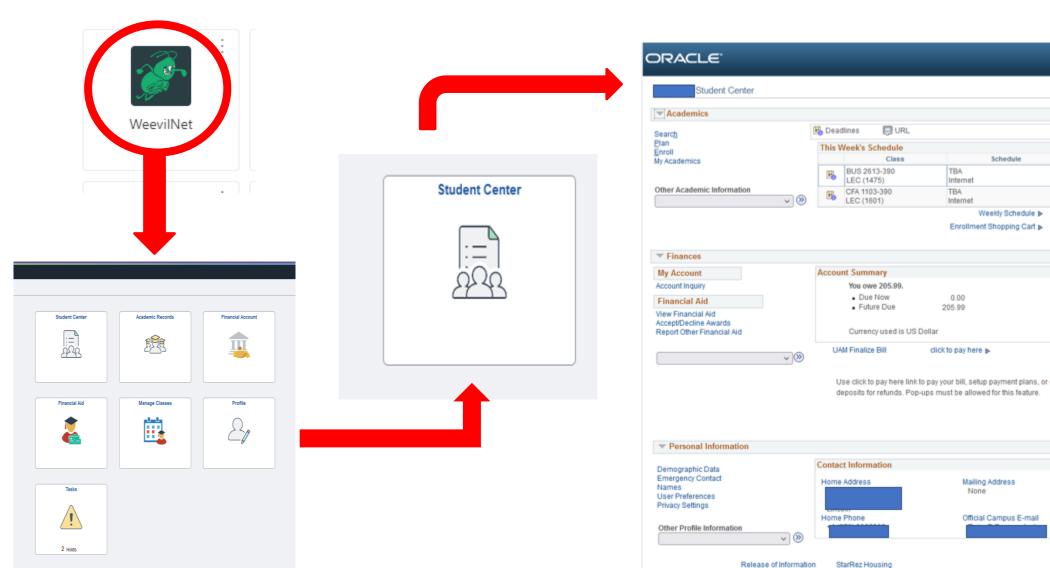


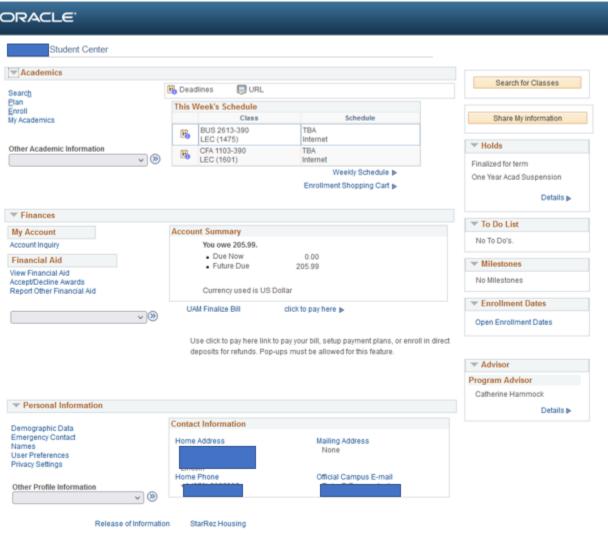
Exchange

Step 4: Check Your Campus E-Mail



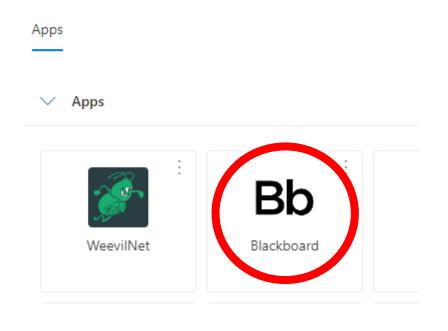
Step 5: Check Your WeevilNet Account

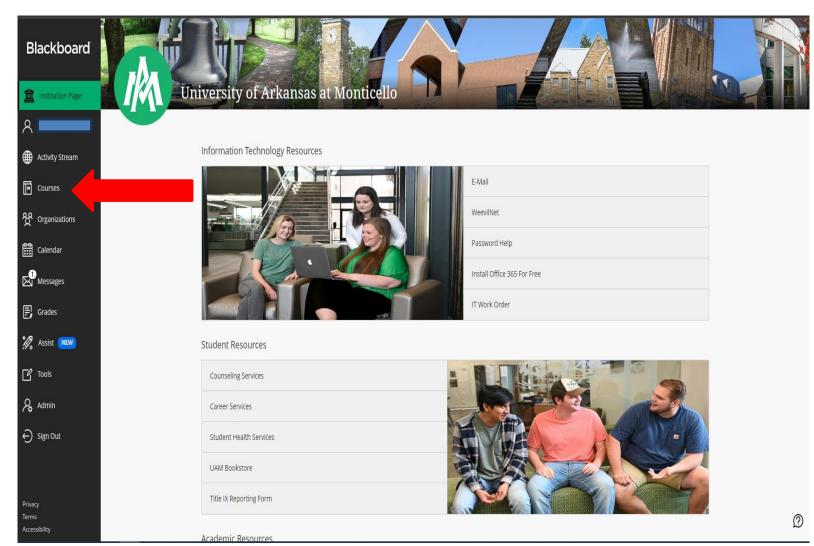




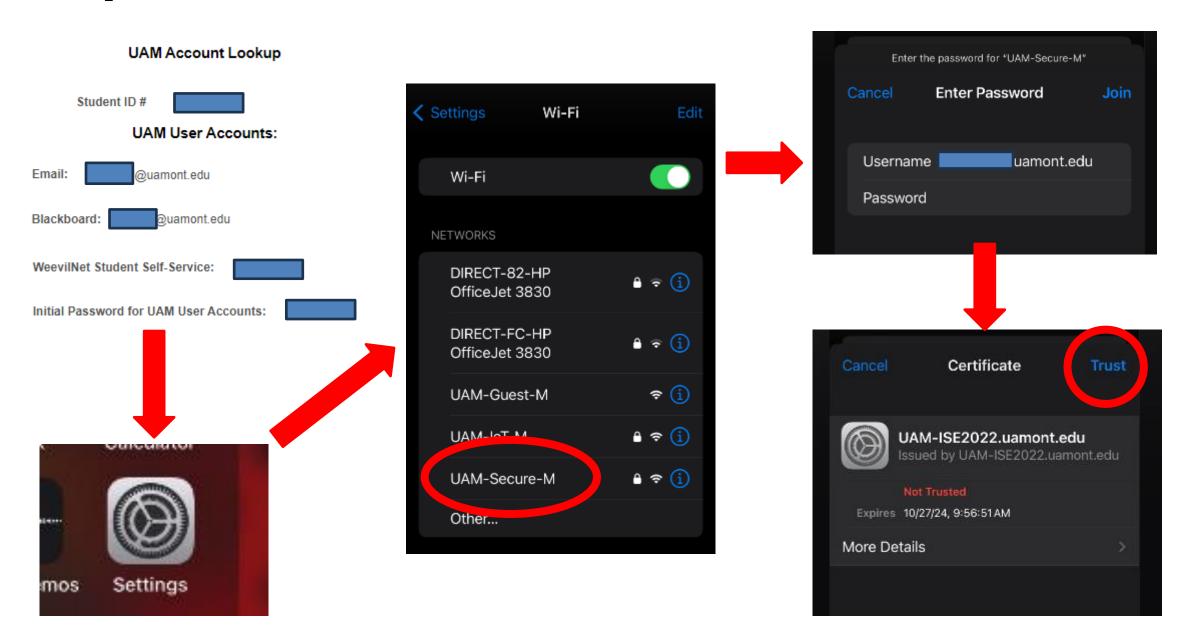
Step 6: Check Your Blackboard Account

Apps dashboard





Step 7: Get Connected to the Internet/WI-FI



Step 8: Be Aware of IT Resources

- Download Microsoft Apps For Free (Outlook, OneDrive, Word, Excel, PowerPoint)
- O Printing options located in the library
- O Laptops and portable internet hotspots to check out from the library (First Come, First Serve Basis)
- O Computer labs located in certain buildings
- O Interactive Campus Map to direct new students on campus
- O Campus-wide calendar where many different departments share events to attend

Step 9: Don't Be Phishy

- O UAM will not send emails to your UAM Student Email account asking you for your account information or password. If you receive emails "appearing" to be from UAM or another official-looking sender (Microsoft) DO NOT reply to ANY emails OR click on links in emails. These are Spam/Phishing emails.
- O Please forward all suspicious emails to **spam@uamont.edu** to help get them cleaned up and the scammer's address blocked. When we stop those outside addresses, it prevents anyone from communicating with those scammers. Scammers will often ask you to use a personal email. Valid email requests would not need you to use private email. Anytime something sounds too good to be true, or someone is being pushy about needing something from you, you can believe it to be a phishing email.
- Emails classified as spam/junk will be in the Junk Email folder to review within Outlook. If an email is in the Junk Folder, it is considered junk by the system. You can mark it as a safe sender if you know it's legitimate. If you do not know the sender or know the email is legitimate, please do not reply to those emails.

Step 10: Practice Your Tech Skills

A student should have basic computer skills including:

- Operate a Windows-based computer (or MAC if that's what you have) and all its basic functions
- O Make sure you know how to update your PC to ensure it is running the latest version of its operating system.
- Create folders in your File Explorer to organize course documents and assignments you need to submit
- O Find, copy, move, rename, and delete files
- Always make sure your assignments are saved in the correct area on your computer and double-check to ensure you saved them where it belongs.
- O Create backup files just in case your computer crashes
- O Create, edit, format, spell check, save, retrieve, and print a document correctly
- O Make sure you have Microsoft Office Products installed on your PC.
- Copy/paste information
- O Use email to: Send, receive, store, and retrieve messages.
- O Send, receive, and open attachments
- O Utilize and understand a web browser to access the internet
- O Download Internet Browsers/Update Internet Browsers/Clear the cache/cookies/browser history.
- O Work with videos (recording them/saving them/uploading them)

Important Information

- Password Assistance Page
- Out-of-Country Travel
- Risky Users Can Be Blocked
- O Dynamic Forms
- O RAVE Alert System
- O Workday for Student Workers
- OneDrive

Contact Us

OLocation: Student Success Center Suite 207

OPhone: 870-460-1036

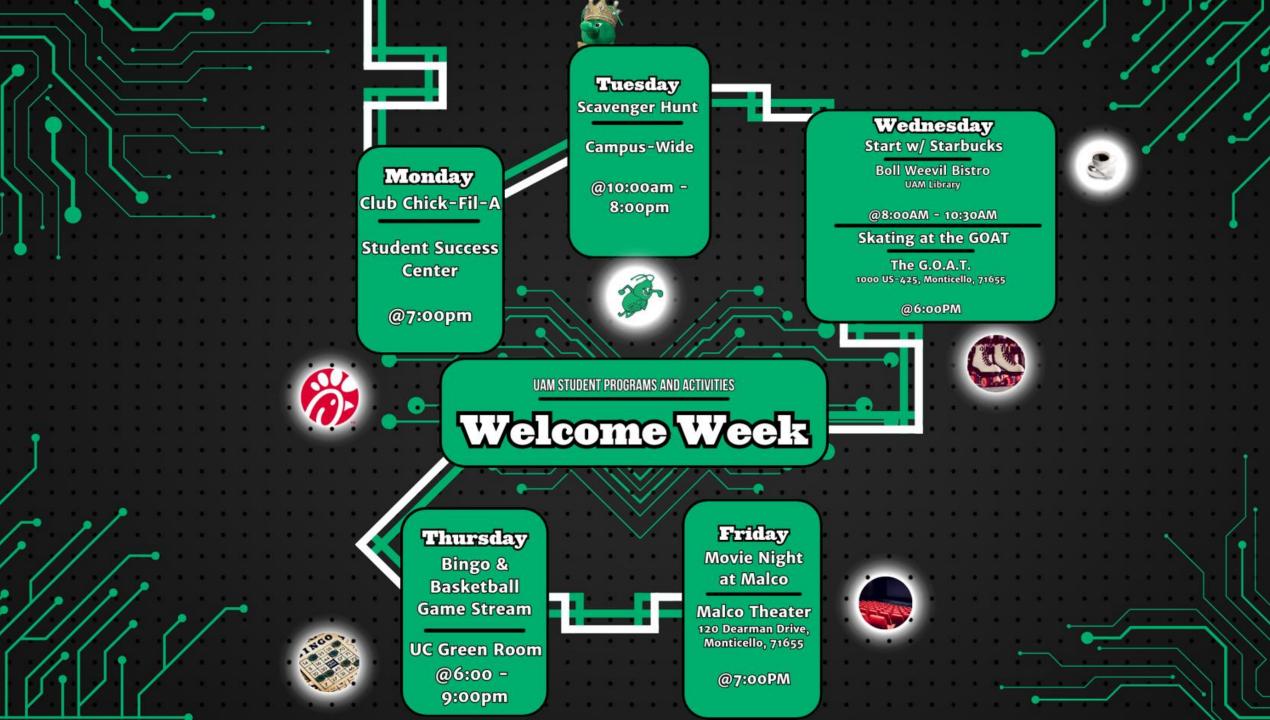
OE-Mail: <u>UAM-ITHelp@uamont.edu</u>

OIT Work Order in your myUAM portal

OVisit our UAM IT Website

Student Programs & Activities





Contact Us

OLocation: Student Success Center 103 C

OPhone: 870-460-1553

OE-Mail: McClainD@uamont.edu

OWebsite: https://www.uamont.edu/life/spa

University Police



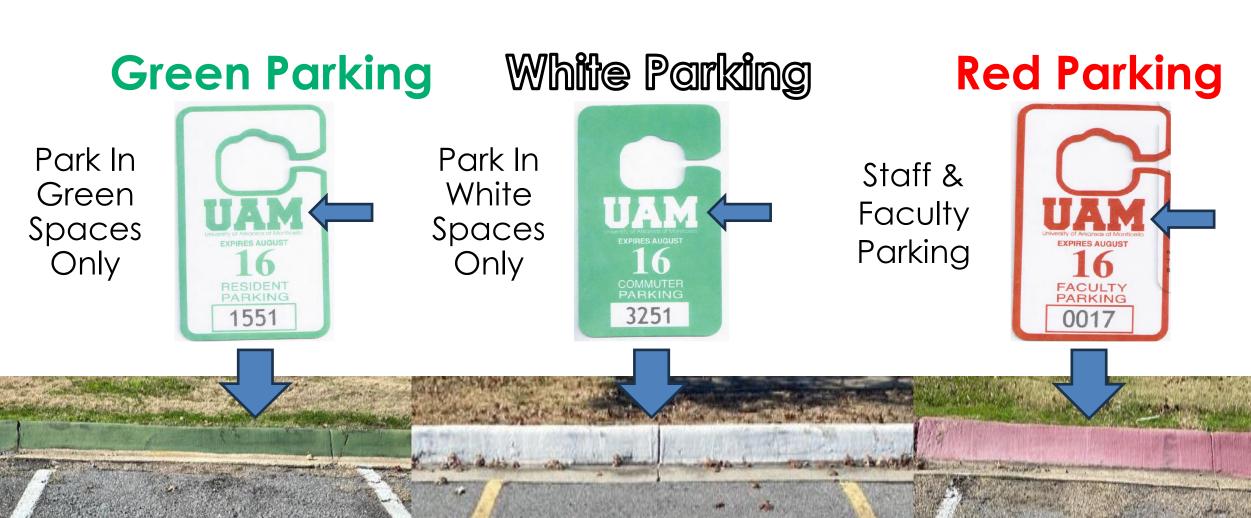


AVOID DENY DEFEND



CIVILIAN RESPONSE TO ACTIVE SHOOTER EVENTS

Parking Tags (Lettering Color Indicates Your Parking Area)



UAM Alert (RAVE)

- O UAM has partnered with Rave Mobile Safety to provide an emergency alert system capable of delivering messages to your UAM and personal email addresses as well as your landline and cell phone.
- O These messages alert students to bad weather, power outages, campus closings, etc.
- O All students are automatically enrolled and will receive an email with details on how to access their account.
- O For the Rave Mobile Safety to be effective, you must make sure your contact information is up-to-date in WeevilNet.

UNIVERSITY POLICE DEPARTMENT

Click Here for University Police Webpage



Counseling Services



UAM Counseling Services

Location: Gibson University Center (UC) – Suite 201

- OCounseling is a **confidential process** in which students connect with a mental health professional about current or past issues that may be hindering overall wellness and academic success.
- OAvailable for drop-ins and emergency services.
- OAppointments can be made in person during the hours of 8:00 AM to 4:30 PM Monday through Friday or by telephone at (870) 460-1654.

Mainline Behavioral Health Systems

Location: Gibson University Center (UC) – Suite 201

- O A full-time licensed mental health professional and case manager are available to students currently attending UAM to assist with varying mental health concerns.
- O Provides long-term mental health therapy services.
- O Appointments can be made in person during the hours of 8:00 AM to 4:30 PM Monday through Friday or by phone at (870) 224-0109.



PHQ-9 Form

Scan this QR Code to complete your form



Student Health Services



Addressing Unplanned Pregnancy Prevention Among College Students

Act 943: Unplanned Pregnancy Prevention

- O Act 943, passed by the Arkansas Legislature in 2015 directs college and universities to develop and implement action plans to help **students prevent unplanned pregnancy** or delay plans for additional pregnancies.
- O Arkansas is #1 in birth rates for 18–19-year-olds and unplanned births result in 1 in 10 college dropouts*. The topic of preventing unplanned pregnancy is relevant for both college men and women, for those who are already parents, as well as those who are not parents.

^{*}Data obtained from The Arkansas Campaign to Prevent Unplanned Pregnancy

Pregnancy Prevention

- O Abstinence
- **O** Condoms
- **O** Medications

Pills

Patch

Depo shot

Vaginal ring

Implant

IUD

Emergency Contraceptives



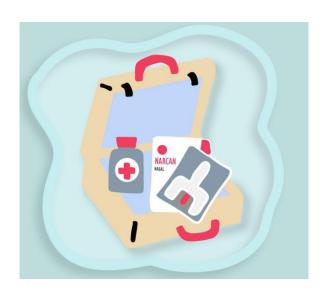
COVID Related Information

Click here to access UAM Website



Opioid Overdose Emergency Treatment (Narcan/Naloxone Use)

Click here to access information on Opioid Overdose Emergency Treatment





is partnering with UAM in the fight against COVID-19!

Visit the Mainline testing site at

Maxwell Hall



SERVICES

FOR UAM STUDENTS AND EMPLOYEES

COVID-19 Screening
PCR Tests
Rapid Tests

COVID-19 Vaccines

Vaccine type is dependent upon availability

HOURS

Monday-Friday 7:00 - 11:30 a.m.

Closed for lunch from 11:30 a.m. - 12 p.m.

12:00-3:30 p.m

Closed for any University holidays or inclement weather closures

Calling ahead is recommended but not required: (870) 224-0647

Confidential Health Information Form

Scan this **QR** Code to complete your form



We're here to help!

Wellness Center

- O Phone Number: 870-460-1051
- O Exercise Center
- O Lactation Room
- O Student Health Services

Counseling Services

Tutoring Services



Student Conduct



Homeless/Foster Students

- O There are unique opportunities available to students who are homeless, in foster care, or who left foster care at 18 years of age.
- These include financial aid opportunities and other means of financial assistance.
- Student Engagement is committed to helping those specified students applying for and receiving federal and state financial aid.
- We will also assist in navigating and successfully managing coursework and student life.
- Any student who meets these criteria may contact the Homeless and Foster Student liaison:

Sydney Gavin-Herron, J.D.

Coordinator of Student Conduct & Deputy Title IX Coordinator/ Title IX Investigator

870-460-1353

gavin-herron@uamont.edu

Student Success Center Suite 204



Title IX of the Education Amendments Act of 1972

O"No person in the United States shall, on the basis of sex, be excluded from participation in, be denied the benefits of, or be subjected to discrimination under any educational program or activity receiving federal financial assistance."

Title IX 20 U.S.C. § 1681 & 34 C.F.R. Part 106 (1972)

Sexual Misconduct is...

- OUnwelcome Conduct
- Sexual in Nature
- OPerpetrated Against an Individual Without Consent
- OThe University encourages reporting of all Sexual Misconduct.

Consent is...

- OClear and Knowing
- OVoluntary
- OActive
- ORevocable
- **O**Limitable

Consent isn't...

- OSilence
- O Lack of verbal resistance
- O Lack of physical resistance
- OForce, Coercion, Intimidation, Threats or Duress.
- Consent to one form of sexual activity isn't consent to another form of sexual activity.
- Olf the person is incapacitated, it isn't consent.

Sex Discrimination

- OBased Upon an Individual's Sex.
- OExcludes an individual from participation, denies the individual the benefits of, treats the individual differently or otherwise adversely affects a term or condition of an individual's employment, education, living environment or participation in a University program or activity.

Discriminatory Harassment

- O Detrimental Action
- O Name-Calling
- OGraphic or Written Statements
- Threatening, Harmful, or Humiliating Conduct
- O Harassment does not have to include intent to harm, be directed at a specific target or involve repeated incidents.

Sexual Harassment

- OUnwelcome Verbal or Nonverbal Conduct
- OWritten Electronic or Physical Conduct
- OTypes: Hostile Environment and Quid Pro Quo Harassment

Sexual Harassment

Examples of this type of sexual harassment include:

- OPressuring an individual to engage in sexual behavior for some educational or employment benefit, or
- OMaking a real or perceived threat that rejecting sexual behavior will carry a negative educational or employment consequence for the individual.

Dating Violence

- OViolence committed by a person who is or has been in a social relationship of a romantic or intimate nature with the alleged victim.
- **O**Hitting
- OPulling
- **O**Shoving
- OKicking, Biting or Throwing Things

Domestic Violence

- OPhysical harm
- OBodily Injury
- OAssault
- OInfliction of Fear of Imminent Physical Harm
- OBodily Injury
- Assault or Criminal Sexual Conduct Between Family or Household Members

Sexual Assault

- OAn actual or attempted sexual contact with another person without that person's consent.
- O Unwelcome Touching
- OSexual Intercourse Without Consent

Sexual Exploitation

- ONon-Consensual or Abusive Sexual Advantage
- OSexual exploitation includes, but is not limited to:
 - Olnvading sexual privacy
 - OEngaging in voyeurism
 - OKnowingly transmitting an STI, such as HIV, to another without disclosing your STI status
 - ONon-consensual videotaping, photographing, or audiotaping of sexual activity and/or distribution of these materials

Stalking

- O May Cause:
 - O Alarm
 - O Fear
 - Substantial Emotional Distress
- May include:
 - Following
 - O Lying in Wait
 - Monitoring
 - OPursuing Contact

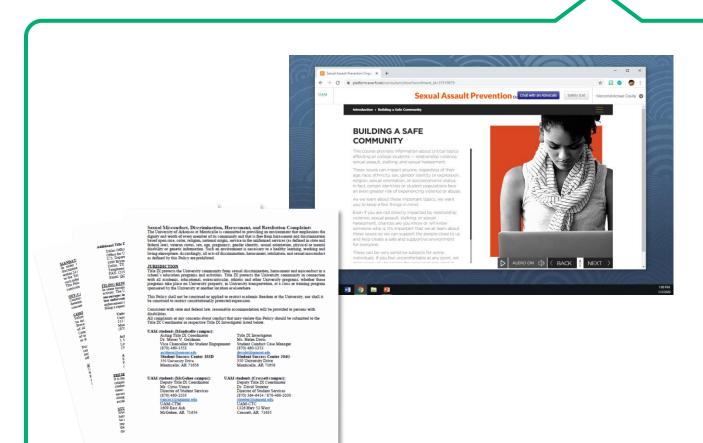
BE AN UPSTANDER

- OBystander Intervention
- OPrevention Strategy
- OHow? Equipping the Community
- OEssentially to be an UPSTANDER

UPSTANDER TIPS

- Step in and ask if the person needs help
- O Don't leave
- Have a buddy system, and let your friends know if you're worried about them
- Ask directly, "Do you need a ride?"
- O Find their friends or call 911
- O Distract the perpetrator so there's time to intervene

BE AN UPSTANDER



First-Time Training:

Training is integrated into orientation for staff, faculty, and students.

Online & Ongoing:

Education and training is offered both in online and in-person capacities to better serve all our students and student groups.

Policy:

The policy and procedures regarding sexual misconduct can be found online by visiting the Student Life section of the website.

Sanctions

- O Sanctions for students may include, without limitation, expulsion, suspension from the University, disciplinary probation, mandated counseling, and/or educational sanctions deemed appropriate.
- O Sanctions will be determined giving consideration as to whether a given sanction will:
 - 1. Bring an end to the violation in question,
 - 2. Reasonably prevent a recurrence of a similar violation, and
 - O3. Remedy the effects of the violation.

Reporting Sexual Misconduct

- O A faculty or staff member with any knowledge about a known or suspected incident of sexual misconduct must report the incident to the Title IX Coordinator.
- Report any observed, experienced, or known sexual misconduct, sex discrimination, sexual harassment, domestic violence, dating violence, stalking, or sexual exploitation.
- Call us to consult if you are not sure!

Jessica Foxworth
Title IX Coordinator
(870) 460-1110
foxworth@uamont.edu

Sydney Gavin-Herron, J.D.

Coordinator of Student Conduct & Title IX
Investigator
(870) 460-1353

Gavin-Herron@uamont.edu

Academic Advising



Course Agreement Form

Scan this QR Code to complete your form



Contact Us

OLocation: Student Success Center Suite 207

OPhone: 870-460-1633

OE-Mail: advising@uamont.edu

Dean of Students



Welcome To UAM.

GO BOLL WEEVILS AND COTTON BLOSSOMS