

Health and Physical Education Non-Licensure
Bachelor of Science (B.S.) 8 Semester Program
Planning Sheet
Freshman Year

Semester 1			Semester 2		
Course	Title	Credit Hours	Course	Title	Credit Hours
ENG 1013	ENGLISH COMPOSITION I	3	ENGL 1023	ENGLISH COMPOSITION II	3
MATH 1003 OR MATH 1043 OR ANY MATH 1000 LEVEL OR ABOVE	QUANTITATIVE LITERACY OR COLLEGE ALGEBRA	3	HIST 2213 OR HIST 2223 OR PSCI 2213	AMERICAN HISTORY I OR AMERICAN HISTORY II OR AMERICAN NATIONAL GOVERNMENT	3
CIS 1013	INTRO TO COMPUTER SYSTEMS	3	PE 1443	TEAM SPORTS	3
ART 1053 OR MUS 1113 OR FA 1013	ART APPRECIATION OR MUSIC APPRECIATION OR FINE ARTS APPRECIATION	3	PSY 1013 OR SOC 2213 OR GEOG 2113 OR GEOG 2223 OR HIST 1013 OR HIST 1023	INTRO TO PSYCHOLOGY OR INTRO TO SOCIOLOGY OR GEN GEOGRAPHY I OR GEN GEOGRAPHY II OR SURVEY OF CIVILIZATION I OR SURVEY OF CIVILIZATION II	3
PE 2703	THEORY AND PRINCIPLES OF PE AND COACHING	3	ELECTIVE 1000-4000		3
		15			15

Sophomore Year

Semester 3			Semester 4		
BIOL 2233	ANATOMY AND PHYSIOLOGY I	3	PE 3422	COACHING OF BASKETBALL	2
PE 4603	PHYSICAL EDUCATION TESTS AND MEASUREMENTS	3	PE 2203	HEALTH AND WELLNESS PROMOTION	3
COMM 1023 OR COMM 2203 OR COMM 2283	PUBLIC SPEAKING OR INTERPERSONAL COMMUNICATIONS OR BUSINESS AND PROFESSIONAL SPEECH	3	PE 3382	COACHING OF VOLLEYBALL	2
ELECTIVE 1000-4000		3	PE 3392	COACHING OF TRACK	2
PE 2273	FIRST AID/CPR	3	PE 3372	COACHING OF BASEBALL/SOFTBALL	2
			SCIENCE WITH LAB (CHEMISTRY, EARTH SCIENCE, PHYSICS, OR BIOLOGICAL SCIENCE)		4
		15			15

Junior Year

Semester 5			Semester 6		
SCIENCE WITH LAB (CHEMISTRY, EARTH SCIENCE, PHYSICS, OR BIOLOGICAL SCIENCE)		4	PE 3303	COMMUNITY HEALTH	3
PE 3553	CHILD GROWTH AND MOTOR DEVELOPMENT	3	ELECTIVE 3000-4000		3
PE 3472	COACHING OF FOOTBALL	2	PE 2403	LEAD-UP GAMES	3
ELECTIVE 3000-4000		3	PE 3523	EXERCISE PHYSIOLOGY	3
EXSC 4643/EXSC 4401	ANATOMICAL KINESIOLOGY/LAB	4	PE 1453	INDIVIDUAL SPORTS	3
		16			15

Senior Year

Semester 7			Semester 8		
PE 2262	OFFICIATING	2	PE 2113	NUTRITION	3
ENGL 2283 OR ENGL 2293	SURVEY OF WORLD LIT I OR SURVEY OF WORLD LIT II	3	PE 4713	SPORTS ADMINISTRATION	3
PSY 1013 OR SOC 2213 OR GEOG 2113 OR GEOG 2223 OR HIST 1013 OR HIST 1023	INTRO TO PSYCHOLOGY OR INTRO TO SOCIOLOGY OR GEN GEOGRAPHY I OR GEN GEOGRAPHY II OR SURVEY OF CIVILIZATION I OR SURVEY OF CIVILIZATION II	3	PE 4413	METHODS OF PHYSICAL EDUCATION AND HEALTH	3
PE 2313	CARE AND PREVENTION OF ATHLETIC INJURIES	3	EXSC 4533	SPORTS PSYCHOLOGY	3
EXSC 3323	STRENGTH AND CONDITIONING	3	PE 3503	ADAPTED PE	3
		14			15
				Total Hours	120

REVISED Fall 2021