

## NURS 2422

## PN Adult Nursing II

- Description:** This course continues with the introduction to common conditions of illness and prepares the student in the nursing care of the adult client, incorporating all phases of the nursing process to ensure personal responsibility for the maintenance of one's health, management of disease, and client education. Within the nursing framework, the student will utilize the theory and practice of the disease process as it affects body systems. Nursing judgment and responsibility within the scope of the Practical Nurse will be emphasized as well as delegation.
- Prerequisites:** The Practical Nursing Program is progressive. Students must have completed all requirements to begin Nursing of Adults I and successfully completed the course with a "C" or better. In addition students must have successfully completed all prior nursing courses.
- Text:** Linton, A., Matteson, M., Maebius, N. (2003). Introductory Nursing Care of Adults. (4rd ed.). Philadelphia, PA: W.B. Saunders.
- Instructor:** Kim Ray, RN, Nikki Calhoun, RN and Peggie Orrell, RN
- Office Hours:** See posted on office door.
- Class Policies:** See PN handbook for all policies.
- Homework:** Homework will be assigned by the instructor. (See syllabus for specific days of class).
- Exams:** Exams will be scheduled as needed with a comprehensive final at the end of the course.
- Grading Policy:** Exam scores will account for 90% of the final grade. Homework, class participation and pop tests will account for 10% of the final grade. To progress through the program, students must pass this course with a C, 78% or above average. 100-93%=A, 92-85%=B, 84-78%=C, 77-65%=D, 64%-0=F. See PN handbook for complete grading policy.
- Grade Reports:** UAM will no longer mail grade reports to all students. You may access your grades through Campus Connect [www.uamont.edu](http://www.uamont.edu). To have your grades mailed to you, complete the grade request form available at the Student Services office on the McGehee campus.
- Students with Disabilities:** It is the policy of the University of Arkansas at Monticello to accommodate individuals with disabilities pursuant to federal law and the University's commitment to equal educational opportunities. It is the responsibility of the student to inform the instructor of any necessary accommodations at the beginning of the course. Any student requiring accommodations should contact the Office of Special Student Services representative on campus; phone 870 222-5360; fax 870 222-1105
- Disruptive Behavior:** The following action is prohibited under the Student Conduct Code: Disorderly Conduct: Any behavior which disrupts the regular or normal functions of the University community, including behavior which breaches the peace or violates the rights of others.

**Please refer to the Practical Nursing Handbook for information regarding policies not mentioned in this syllabus.**

**Course Objectives: On completion and mastery of this course, the student will be able to:**

1. Describe and discuss the cultural aspects of nursing care.
2. Describe and discuss the responsibility of the nurse during first aid and emergency care.
3. Describe and discuss the responsibility of the nurse while caring for the surgical client.
4. Discuss nursing care given to the cancer client and their family.
5. Discuss and describe the aspects of loss, death, and the grieving family.
6. Describe and discuss nursing care for the client in pain.
7. Utilize the nursing process while caring for clients throughout the lifespan.
8. Discuss transcultural nursing while caring for clients throughout the lifespan.
9. Describe and discuss the process of delegation, who, what, when, and where.

### **PN Adult Nursing II Assignments and Exams**

<b>8/25/08</b>	<b>Chapter 16</b>	<b>EXAMS will be scheduled in the classroom</b>
<b>9/08/08</b>	<b>Chapter 19</b>	
<b>9/15/08</b>	<b>Chapter 25</b>	
<b>9/22/08</b>	<b>Chapter 34</b>	
<b>9/29/08</b>	<b>Chapter 44</b>	
<b>10/06/08</b>	<b>Chapter 45</b>	
<b>10/13/08</b>	<b>Chapter 47</b>	
<b>10/20/08</b>	<b>Chapter 48</b>	
<b>10/27/08</b>	<b>Chapter 49</b>	
<b>11/03/08</b>	<b>Chapter 51</b>	
<b>11/10/08</b>	<b>Chapter 52</b>	
<b>11/17/08</b>	<b>Chapter 53</b>	
<b>12/08/08</b>	<b>FINAL EXAM</b>	

**Videos:**  
**Please see list of Med/Surg videos, in your handbook.**

Chapter Objectives:

Chapter 16: **First Aid and Emergency Care, and Disaster Management**

Objective: At the completion of this chapter, the student will be able to:

1. List the principles of emergency and first aid care.
2. List the steps of the initial assessment and interventions for the person requiring emergency care.
3. Describe the components of the nursing assessment of the person requiring emergency care.
4. Outline the steps of the nursing process for emergency or first aid treatment of victims of cardiopulmonary arrest, choking, shock, hemorrhage, traumatic injury, burns, heat or cold exposure, poisoning, bites, and stings.
5. Discuss the roles of nurses and nursing students in relation to bioterrorism and natural disasters.
6. Explain the legal implications of administering first aid in emergency situations.

Chapter 19: **Shock**

Objective: At the completion of this chapter, the student will be able to:

1. List the types of shock.
2. Describe the pathophysiology of each type of shock.
3. List the signs and symptoms of each stage of shock.
4. Explain the first aid emergency of shock outside the medical facility.
5. Identify general, medical and nursing interventions for shock.
6. Explain the rationale for medical surgical treatment for shock.
7. Assist in developing care plans for clients in each type of shock.
8. List the principles of emergency and first aid care.

Chapter 25: **The Patient With Cancer**

Objective: At the completion of this chapter, the student will be able to:

1. Explain the differences between benign and malignant tumors.
2. List the most common sites of cancer in men and women.
3. Describe measures to reduce the risk of cancer.
4. Define terms used to name and classify cancer.
5. List nursing responsibilities in the care of clients having diagnostic tests to detect possible cancer.
6. Explain the nursing care of clients undergoing each type of cancer therapy: surgery, radiation, chemotherapy, and biotherapy.
7. Assist in developing a nursing care plan for the terminally ill client with cancer and the client's family.

Chapter 34: **HIV/AIDS**

Objective: At the completion of this chapter, the student will be able to:

1. Describe the history of HIV/AIDS.
2. Explain the pathophysiology and etiology of HIV infection.
3. List risk factors associated with HIV infection.
4. Identify complications associated with HIV infection.
5. Identify criteria for diagnosis of AIDS.
6. Name the major HIV drugs, indications, side effects, and nursing considerations.
7. Describe appropriate nursing care of the HIV/AIDS patient.

Chapter 44: **Pituitary and Adrenal Disorders**

Objective: At the completion of this chapter, the student will be able to:

1. Identify data to be collected for the nursing assessment of adrenal and pituitary function.
2. Describe the tests and procedures used to diagnosis disorders of the adrenal and pituitary glands.
3. Describe the pathophysiology and medical treatment of adrenocortical insufficiency, excess adrenocortical hormones, hypopituitarism, diabetes insipidus, and pituitary tumors.
4. Assist in developing nursing care plans for patients with selected disorders of the adrenal and pituitary glands.

#### Chapter 45: **Thyroid and Parathyroid Disorders**

Objective: At the completion of this chapter, the student will be able to:

1. Identify nursing assessment data related to the functions of the thyroid and parathyroid glands.
2. Describe tests and procedures used to diagnosis disorders of the thyroid and parathyroid glands and nursing responsibilities relevant for each.
3. Describe the pathophysiology, signs and symptoms, complications and treatment of :
  - a. Hyperthyroidism
  - b. Hypothyroidism
  - c. Hyperparathyroidism
  - d. Hypoparathyroidism
4. Assist in the development of nursing care plans for patients with disorders of the thyroid or parathyroid glands.

#### Chapter 47: **Female Reproductive Disorders**

Objective: At the completion of this chapter, the student will be able to:

1. List data to be collected when assessing the female reproductive system.
2. Describe the nursing interventions for women who are undergoing diagnostic tests and procedures for reproductive system disorders.
3. Identify the nursing interventions associated with douche, cauterization, heat therapy, and topical medications used to treat disorders of the female reproductive system.
4. Explain the pathophysiology, signs and symptoms, complications, diagnostic procedures, and medical or surgical treatment for selected disorders of the female reproductive system.
5. Assist in developing a nursing care plan for the client with common disorders of the female reproductive system.
6. Describe the nursing interventions for the client who is menopausal.

#### Chapter 48: **Male Reproductive Disorders**

Objective: At the completion of this chapter, the student will be able to:

1. Identify data to be collected when assessing a male client with a reproductive disorder.
2. Discuss commonly performed diagnostic tests and procedures and the nursing implications of each.
3. Identify common therapeutic measures used to treat disorders of the male reproductive system and the nursing implications of each.
4. For selected disorders of the male reproductive system, explain the pathophysiology, signs and symptoms, complications, medical diagnosis, and medical treatment.
5. Assist in developing a care plan for a male client t with a reproductive disorder.

#### Chapter 49: **Sexually Transmitted Diseases**

Objective: At the completion of this chapter, the student will be able to:

1. List infectious diseases classified as sexually transmitted diseases.
2. Explain why the nurse's approach is important when dealing with patients who have sexually transmitted diseases.
3. Describe tests used to diagnose sexually transmitted diseases must be reported to the health department.
4. For selected sexually transmitted diseases, describe the pathophysiology, signs and symptoms, complications, and medical treatment.
5. List information to be included when teaching patients how to prevent sexually transmitted diseases.
6. List nursing considerations when a client t is on drug therapy for a sexually transmitted disease.
7. Identify data to be collected when assessing a client with a sexually transmitted disease.
8. Assist in developing a nursing care plan for a client with a sexually transmitted disease.

### Chapter 51: **Eye and Vision Disorders**

Objective: At the completion of this chapter, the student will be able to:

1. Identify the data to be collected in the nursing assessment of the eye and vision.
2. Identify the nursing responsibilities for patients having diagnostic tests or procedures to diagnose eye disorders.
3. List measures to reduce the risk of eye injuries.
4. Describe the nursing care of patients who require common therapeutic measures for eye disorders: irrigation, application of ophthalmic drugs, and surgery.
5. Describe the pathophysiology, signs and symptoms, diagnosis, and treatment of selected eye conditions.
6. Assist in developing a nursing care plan for the client with an eye disorder.

### Chapter 52: **Ear and Hearing Disorders**

Objective: At the completion of this chapter, the student will be able to:

2. Identify the data to be collected when assessing a client with a disorder affecting the ear, hearing, or balance.
3. Describe the tests and procedures used to diagnose disorders of the ear, hearing, and balance.
4. Explain the nursing considerations for each of the tests and procedures.
5. Explain the nursing involvement for patients receiving common therapeutic measures for disorders of the ear, hearing, or balance.
6. For selected disorders, describe the pathophysiology, signs and symptoms, complications, and medical or surgical treatment.
7. Assist in the development of a nursing care plan for a client with a disorder of the ear, hearing, or balance.
8. Identify measures the nurse can take to reduce the risk of hearing impairment and to detect problems early.

### Chapter 53: **Nose, Sinus, and Throat Disorders**

Objective: At the completion of this chapter, the student will be able to:

1. Describe the nursing assessment of the nose, sinuses, and throat.
2. Identify nursing responsibilities for patients undergoing tests or procedures to diagnose disorders of the nose, sinuses, or throat.
3. Describe the nurse's role when the following common therapeutic measures are instituted for disorders of the nose, sinuses, or throat: administration of medications, irrigations, humidification, suctioning, tracheostomy care, and surgery.
4. Explain the pathophysiology, signs and symptoms, complications, and medical or surgical treatment of selected disorders of the nose, sinuses, or throat.
5. Assist in developing a nursing care plan for clients with disorders of the nose, sinuses, or throat.